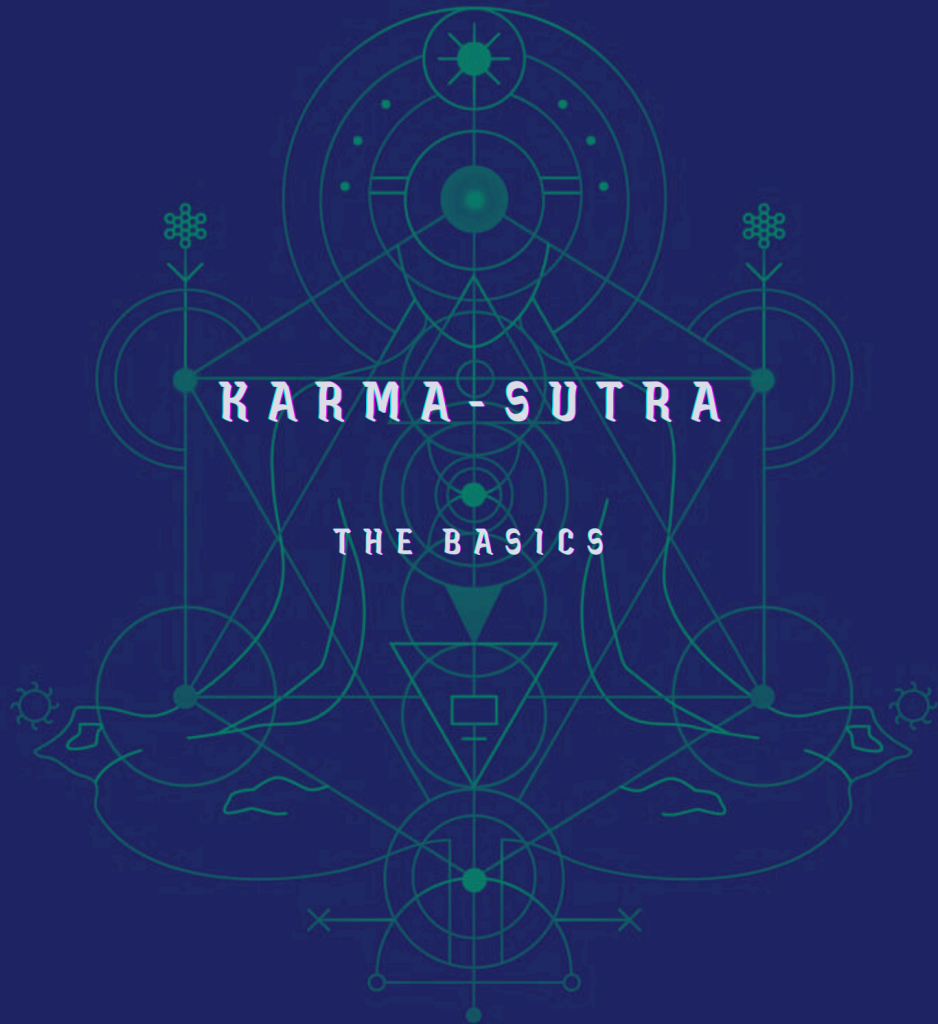


UNDERSTANDING THE COSMIC MATRIX



SHOONYAM

# Karma Sutra

Basic Understandings

*Shoonyam*

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# Introduction

In the vast cosmic dance, where time is both eternal and fleeting, karma weaves its intricate web, binding us to the cycle of birth, death, and rebirth. From an astrologer's eyes, karma is not a distant force, but a reflection of the cosmic patterns that influence our very essence. It is not fate nor punishment, but a divine law that speaks to us through the celestial bodies.

The planets, stars, and constellations are not mere markers of time; they are the silent witnesses of our actions, thoughts, and intentions. Each planetary placement in our birth chart is a reflection of the karmic imprint we have carried from the past, and it guides our journey in this life, inviting us to unravel the mystery of our existence.

This book is an exploration—a journey through the philosophical, astrological, and spiritual layers of karma. It seeks not only to explain karma but to guide us toward its transcendence. The four types of karma—Sanchita, Prarabdha, Kriyaman, and Agami—are the chapters of our life's story, each with its own role in shaping our destiny. But these stories are not fixed; they are ever-shifting, malleable through awareness, intention, and spiritual practice.

In these pages, we will dive deep into the understanding of karma, how it manifests in the birth chart, and how the soul can free itself from its cycles. The wisdom of the Bhagavad Gita, the Upanishads, and Kashmir Shaivism will serve as our guiding light, revealing the path to transcendence—where karma no longer holds dominion over the soul.

As you turn these pages, let the words not merely inform you, but awaken the silent wisdom within. For true freedom lies not in escaping karma, but in understanding it deeply enough to rise above it, embracing the divine flow of consciousness that connects all things.

# Chapter I :

## Sanchita Karma

Sanchita karma is the vast, unseen repository of all that has come before. It is the collective residue of countless actions, decisions, thoughts, and desires from past lives. Every moment of existence, every choice made, has left an indelible mark on the soul. This karma is not simply a collection of past actions—it is the essence of our soul's journey through time, the tapestry woven from all our lifetimes. In our present incarnation, Sanchita karma serves as the foundation from which our life's circumstances are drawn.

In the language of astrology, Sanchita karma is embedded in the very structure of the birth chart. Each planet in our chart represents a certain aspect of our soul's journey, and its position, dignity, and relationship to other planets reveal the unspoken influences of past actions. The positions of planets in different signs, houses, nakshatras and their aspects with each other signify the karmic imprints we have accumulated over lifetimes. These imprints may manifest as natural capabilities, unresolved challenges, patterns of behavior, or recurring life events.

For an astrologer, understanding Sanchita karma is like reading the hidden language of the being. The chart becomes a cosmic map, with each house and planet offering a clue about the past and its lingering effects. For instance, a person with a strong Saturn placement may carry forward karmic lessons of discipline, responsibility, or restrictions. Meanwhile, a prominent Venus or Jupiter might indicate past

lives marked by love, beauty, and wisdom. These planetary placements are not random but are determined by our past actions and desires.

However, Sanchita karma is not merely a burden—it is a treasure chest of experiences. The key to understanding it lies in the realization that we are not prisoners of our past. Sanchita karma shapes our present life, but it does not define it. The astrological chart reflects both our limitations and our potential for growth. It is through awareness of this karmic inheritance that we begin to transcend the cycles of repetition.

*In the womb of time, where all things begin,  
The soul carries its past, both its losses and wins.  
In each breath it takes, the past whispers its song,  
Guiding the journey, both short and long.*

Sanchita karma is often misunderstood as a weight to bear, something that holds us back or traps us in unchanging patterns. But in truth, it is a divine gift, offering the soul the opportunity to evolve. Every challenge we face is an opportunity to transform. Just as a sculptor chisels away at a block of stone to reveal the beauty within, we too have the power to shape our destiny by consciously engaging with our karmic patterns.

Through astrology, we gain the wisdom to recognize the karmic echoes that resound within us. When we are aware of the deep-rooted influences of Sanchita karma, we gain the ability to rise above its limitations. The planets do not dictate our fate; rather, they offer guidance. Just as the moon's phases illuminate the night sky, the planets illuminate the path of self-awareness. The more we understand the karmic influences in our chart, the more we can make choices that

align with our soul's growth, freeing ourselves from  
unconscious patterns.

The journey of Sanchita karma is one of remembrance. It is about recognizing the divine dance between the past and present, understanding that what we experience today is not random but a manifestation of the seeds planted in previous lifetimes. These seeds grow into the fruits we experience in this life, but through conscious action, we can change the quality of the harvest.

*The soul remembers, though it may not recall,  
The echoes of lifetimes, the rise and the fall.  
In the cosmic weave, it's the choices we make,  
That guide us to freedom, or bind us in fate.*

Astrology allows us to decode the hidden messages of Sanchita karma. By understanding the energies of the planets, signs, nakshatras and the deities behind them in our chart, we can begin to understand the karmic lessons we carry. Every planetary placement is a lesson from the past, and by embracing the wisdom behind these placements, we can unlock the potential for transformation. Each planet, whether benefic or malefic, carries both the weight of past actions and the potential for future liberation.

For example, if someone has a malefic Mars aspect in their chart, it might indicate that in past lives, there was misuse of power, anger, or aggression. Yet, this same Mars, when understood, can become a tool for courage and assertiveness in this life. Similarly, if someone has a well-placed Jupiter, it may indicate past lifetimes of wisdom and spiritual growth, and thus, they may feel an innate sense of optimism and purpose in this life.

The planets may guide us, but it is through our actions, rooted in awareness, that we can break free from the constraints of the past. Through spiritual practices such as



Dharna, Dhyana, Shoonya, Samadhi, Tantra, Mantra, and self-recognition we can elevate our consciousness and transcend the limitations of Sanchita karma.

As we progress on our spiritual journey, we begin to dissolve the boundaries set by Sanchita karma. The more we align with our true essence, the more we transcend the old patterns and rise to a higher state of being. In this way, Sanchita karma becomes not a cage but a catalyst for spiritual growth. The journey of self-awareness is the path to liberation, where past karmic imprints lose their grip and the soul is free to shine in its full potential.

# Chapter II:

## Prarabdha karma

Prarabdha karma is the portion of Sanchita karma that has ripened and is ready to bear fruit in the present life. It is the karma that is being actively worked through in this lifetime—those karmic seeds that have been sown in past lives and have now come to fruition. While Sanchita karma represents the accumulated total of all actions from past lives, Prarabdha karma is the specific portion that is playing out in our present existence. It is the destiny we face and the challenges we must encounter in this lifetime.

Astrologically, Prarabdha karma is reflected in the most prominent aspects of our birth chart. The positions of the planets at the time of birth reflect the karmic experiences we are meant to undergo, and these experiences form the framework of our present life. It is through the interplay of these planetary energies that we encounter certain circumstances, relationships, and life events that align with the karmic seeds we have brought with us. In a sense, Prarabdha karma is the active script we are living out in this lifetime.

*The wheel of time turns, the seed finds its place,  
What was once sown, now ripens in grace.  
The fruits of the past, both bitter and sweet,  
In this life unfolds, in destiny's beat.*

The planets, as agents of this karmic unfolding, serve as messengers of Prarabdha. For example, the placement of the Sun in the chart indicates the soul's purpose and identity, while the Moon reflects the emotional residues of past

experiences. Saturn, often seen as a malefic influence, represents the karmic debt we must pay, manifesting as challenges, obstacles, and restrictions. But Saturn's lessons are not punishments—they are the experiences that teach us resilience, patience, and discipline. Similarly, the position of Jupiter represents the blessings and opportunities we encounter, the spiritual wisdom and fortune that arise as a result of our past righteous actions.

Prarabdha karma can manifest as a variety of life situations, both positive and negative. Some of these experiences may feel fated or out of our control, but they are not arbitrary. Every event, person, or circumstance we encounter is the result of actions that we, or our ancestors, set in motion in the past. The challenges we face—whether they come in the form of relationships, health issues, financial struggles, or emotional turbulence—are part of the karmic script that has been written for this lifetime.

However, understanding Prarabdha karma is not about resignation. It is not a call to passively accept our fate. It is an invitation to embrace the present moment with full awareness.

Prarabdha karma is the doorway to self-discovery. By understanding the karmic influences at play, we can shift from being victims of our circumstances to active participants in our destiny. This is where astrology becomes a tool for empowerment. It reveals the patterns of Prarabdha karma so that we can consciously engage with them and, ultimately, transcend them.

*What we have sown, now we must reap,  
The harvest of past lives, both shallow and deep.  
But in this life, with wisdom we see,  
We are not bound, but free to be.*

The purpose of Prarabdha karma is to bring the soul to a point of realization. Through the events and experiences that we go through, the soul gains wisdom. The struggles we face

are not meaningless; they are opportunities for growth, transformation, and liberation. When we recognize this, we begin to see the divine intelligence that orchestrates our lives. The seemingly random events that occur are not random at all—they are the very tools that help us awaken to the truth of our existence.

Through conscious awareness, we can begin to transform the energy of Prarabdha karma. Rather than seeing challenges as obstacles, we can reframe them as opportunities for spiritual growth. The key is not to resist the flow of life, but to align with it. When we accept our circumstances, even the painful ones, we begin to disarm the karmic patterns that hold us in place. Resistance creates friction; acceptance creates harmony.

In astrology, the 6th and 12th houses play a significant role in understanding Prarabdha karma. These houses represent the culmination of past lives and the lessons we are meant to learn in this life. It is often associated with hidden enemies, confinement, and loss, but it also represents liberation, enlightenment, and the dissolving of ego. Through meditation and other spiritual practices, we can transcend the limitations of Prarabdha karma by connecting with the divine consciousness that transcends all.

Every planetary placement in the chart is an opportunity to break free from the limitations of the past. For example, someone with a strong Mars in their chart may have to overcome the impulsive tendencies or the anger that stems from past lives. Yet, when Mars is consciously embraced, it becomes a force for courage, action, and leadership. Similarly, a strong Venus placement may bring an abundance of love and beauty, but if misused, it could lead to issues of attachment or materialism. Understanding how the planets reflect our Prarabdha karma allows us to harness their energies for our highest good.

*The past is not our prison, but a guide from above,  
Leading us forward, teaching us love.  
Through the heart of challenge, the soul finds its way,  
And in the darkest night, the dawn is at play.*

Prarabdha karma is not a curse; it is the path to awakening. The soul comes to Earth with specific lessons to learn, and these lessons are embedded in the challenges we face. The more we resist or deny our karmic patterns, the longer they persist. But when we face them with open hearts, we begin to dissolve the karmic debts of the past. By choosing to live with awareness, integrity, and compassion, we not only transform our present experience, but we also heal the wounds of the past.

The role of astrology here is to guide us in this journey of transformation. As we understand the astrological influences on our lives, we learn to make choices that align with our soul's purpose. The planets may represent the karmic forces at play, but we have the power to choose how we respond to them. With wisdom and grace, we can rise above the limitations of Prarabdha karma, embracing the opportunities for growth and liberation that it offers.

# Chapter III:

## kriyaman Karma

Kriyaman karma is the active karma we create in our present moment—the choices, actions, and intentions we put forth in this lifetime. While Sanchita karma represents the total accumulated karmic residue from past lives, and Prarabdha karma reflects the experiences we are meant to encounter in this life, Kriyaman karma is the energy we generate with our thoughts, words, and actions right now. It is the karma in the making, shaped by our current consciousness and choices.

In astrology, Kriyaman karma is intricately linked to the positions of planets in transit and Dasha and how they aspect our natal planets. As the planets move through the sky, they activate certain points in our birth chart, influencing our present experiences and decisions. The choices we make in response to these transits create Kriyaman karma. Unlike Prarabdha karma, which is a continuation of past actions, Kriyaman karma is entirely the result of the present moment, the product of free will in action. But there's one “but” that if we don't act consciously and re-act based on the pre-recorded tendencies of the past then our kriyaman also gets influenced by the prarabdha, making the evolution slower.

*In every moment, a choice is made,  
A thought, a word, the path is laid.  
What we create in this fleeting now,  
Shapes our future, here and now.*

Kriyaman karma is not something that is fated—it is ours to shape. The past influences the present, but the present

moment is where true power lies. Each decision we make, no matter how small, is an opportunity to create karma that will ripple out into the future. In this way, Kriyaman karma becomes the most potent form of karma, for it is entirely in our hands if we are conscious. The energy we send into the world through our actions will eventually come back to us, shaping our future experiences and the world around us.

Astrologically, the planets in transit act as the catalyst for Kriyaman karma. When a planet transits over an important point in the natal chart, it triggers a karmic response. For example, when Jupiter transits the natal Sun, it may inspire us to take risks or expand our horizons. On the other hand, a challenging Saturn transit may force us to confront limitations, responsibilities, and areas where we have not been disciplined. These transits reflect the opportunities we are given to create karma, and how we respond determines whether the karma is conscious or unconscious..

Kriyaman karma is also shaped by our intentions. While actions are important, it is the intention behind the action that determines the karmic result. If we act out of selfishness or limited ego, the karma generated may be harmful. But if we act with love, compassion, and wisdom, knowing the unity of the existence, the karma we create will be beneficial, leading to greater harmony and peace in our lives. In this sense, Kriyaman karma is a reflection of our inner state. The energy we project into the world is a mirror of our consciousness, and it is through cultivating pure and selfless intentions that we can create conscious karma.

*The hand that gives, the heart that feels,  
The mind that judges, the soul that heals.  
In every action, a seed is sown,  
What we reap is what we've grown.*

In Kriyaman karma, there is a significant emphasis on mindfulness. The more aware we are of our thoughts and

actions, the more conscious we become of the karma we are creating. If we live in a state of unconsciousness, reacting impulsively to life's challenges, we are more likely to generate negative karma. But if we act with awareness, guided by our higher self, we can make choices that align with our spiritual path, creating karma that supports our growth.

Astrological guidance is essential here, as it helps us become aware of the energetic influences at play. By understanding how transiting planets are affecting us, we can make more informed decisions, aligned with our highest good. The planetary energies are neither inherently good nor bad; they simply reflect the opportunities available to us. It is through our free will—our ability to choose how we respond—that we create karma.

Kriyaman karma also involves our relationships with others. Every interaction we have, whether with family, friends, strangers, or even our environment, is an opportunity to generate conscious karma. The people in our lives act as mirrors, reflecting back to us our own energy. By consciously choosing to act with kindness and empathy, not as a moral attitude but realising that all of us are parts of the Universal self, we contribute to the creation of karma whose consequences are not only good for ourselves but for the world at large.

*In the touch of another, the words we speak,  
In the silence we offer, the actions we seek.  
Every connection, a chance to renew,  
To create peace, and start life anew.*

The key to understanding Kriyaman karma is recognizing its dynamic nature. Unlike the more fixed Sanchita or Prarabdha karma, Kriyaman karma is ever-changing, responding to the energy we put into it. It is the most fluid form of karma, in that it can be altered, shifted, and transformed with every choice we make. The present moment holds immense power, for it is



the only moment in which we can change our trajectory. By consciously engaging with our karmic actions, we can break free from cycles and create new patterns that lead to peace, abundance, and spiritual growth.

In astrology, the influence of Kriyaman karma can often be seen in the positions of the Nodes of the Moon—Rahu and Ketu. Rahu, the North Node, represents our karmic path forward, the lessons we must learn in this life. Ketu, the South Node, represents the karmic past, the qualities and tendencies we bring from past lives. The axis of Rahu and Ketu shows where we are meant to move towards and where we must let go. Kriyaman karma plays a central role in this process, as it is the choices we make in the present that help us navigate this karmic axis and progress on our soul's journey.

Ultimately, Kriyaman karma reflects the soul's freedom. It is through our actions and choices that we shape our future and carve the path of our spiritual evolution. While the past may have shaped us, the present moment is where transformation occurs. We have the power to create the life we desire, guided by awareness, intention, and love. In this way, Kriyaman karma becomes both a responsibility and a privilege, as it is the vehicle through which we manifest our soul's highest potential.

*The now is the key, the moment the door,  
To the life we desire, the peace we adore.  
In every thought, in every stride,  
We create our karma, with love as our guide.*

# Chapter IV:

## Agami Karma

Agami karma is the future karma, the actions that we are currently sowing in this life that will bear fruit in the future. It is the seed of karma that we plant today, which will sprout in future lifetimes. While Sanchita karma is the accumulation of all our past actions, Prarabdha karma is the portion that we are currently living through, and Kriyaman karma is the active choices we make in the present, Agami karma is the unknown frontier—the karma that we have yet to experience, but which is being created right now.

In a sense, Agami karma represents the future potential. It is the unfolding of the path we are walking. Every action, every thought, and every intention we create today is building the foundation for the future. The nature of Agami karma is largely unknown, for it has yet to manifest, but its creation begins in the present moment. Agami karma is the karma that reflects the direction we are heading towards, and how we are shaping our future with every choice we make.

*Every moment we live, a thread we weave,  
In the fabric of time, the future we conceive.  
What we create today will someday be,  
The fruits of tomorrow, for us to see.*

Astrologically, Agami karma is linked to the choices we make in response to our current circumstances, and it is shaped by our actions and decisions. The planetary transits play a role in this process, as they represent the energy and opportunities we are currently experiencing that will influence the karma we create. For example, a strong Mercury transit

may inspire communication and intellectual pursuits, while a challenging Mars transit could prompt us to act impulsively or assertively. How we choose to respond to these planetary influences directly shapes our Agami karma.

However, Agami karma is not solely determined by the planets and their transits. It is also a result of our personal intentions and the desires that we cultivate within ourselves. Our intentions, whether conscious or unconscious, create a ripple effect in the universe, sending energy into the future. If we act with wisdom, compassion, and mindfulness, the Agami karma we create will be positive, leading to a future of peace and fulfillment. But if we act out of selfishness, fear, or ignorance, we may create negative karma that will manifest later on, bringing about obstacles and challenges that will need to be faced.

*In the quiet of the moment, intentions are born,  
The seeds we plant, the lives we adorn.  
Our future is shaped by what we decide,  
In the choices we make, where truth does reside.*

Agami karma also reflects the collective influence of our environment. The people we associate with, the society we live in, and the culture we are part of—all of these factors play a role in shaping our future karma. If we surround ourselves with individuals who inspire and uplift us, we create positive karma. If, however, we align ourselves with negativity or toxic energy, we are sowing the seeds of suffering and hardship for the future. In this way, Agami karma is a reflection of both our individual choices and the collective energy we participate in.

The role of astrology in understanding Agami karma lies in recognizing the energetic patterns that are forming in the present. By understanding the influence of the planets and their transits, we can make more conscious decisions that align with our soul's path. For example, a favorable Jupiter transit might present opportunities for growth and expansion,

while a challenging Saturn transit could indicate a need for discipline and responsibility. By understanding the influence of these transits, we can align our actions with the opportunities for growth, ensuring that the Agami karma we create is in harmony with our soul's purpose.

*What we do today will echo tomorrow,  
In the seeds we plant, in joy or sorrow.  
The future is not fixed, but shaped by our hand,  
In the choices we make, on life's shifting sand.*

While Agami karma reflects the potential for the future, it is important to remember that it is not set in stone. It is not a predetermined fate; rather, it is the outcome of the actions and decisions we make today. We have the power to change the course of our future by shifting our intentions and behaviors. By cultivating mindfulness, compassion, and wisdom in the present, we can create a future that reflects our highest aspirations and spiritual growth.

Astrology can be a powerful tool in guiding us towards the creation of positive Agami karma. The astrological chart reveals the potential strengths and challenges we may encounter in the future, and by understanding these patterns, we can consciously work to align our actions with our higher purpose. If we understand the lessons that are awaiting us, we can prepare ourselves to face them with grace, wisdom, and equanimity, creating karma that leads to spiritual growth and liberation.

*The future is not a mystery to behold,  
But a story we write, with hearts bold.  
In every thought, in every breath,  
We shape our future, and transcend death.*

The beauty of Agami karma lies in its fluidity. While the past may have shaped who we are today, the future is in our hands. Every moment is an opportunity to create a new

reality, to shift the course of our life in a direction that aligns with our soul's evolution. The key is in our actions. Through conscious and intentional living, we can ensure that the karma we create today will bring us closer to enlightenment, freedom, and inner peace.

In the final analysis, Agami karma is the bridge between the past and the future. It reflects the potential for growth and transformation, and through it, we are given the opportunity to shape our destiny. It is a constant reminder that we are creators of our own reality. The future is not a fixed endpoint, but a dynamic, evolving process that we are actively shaping with every thought, action, and intention. By choosing to live with awareness and alignment, we can ensure that the Agami karma we create leads us toward a future of fulfillment, wisdom, and spiritual awakening.

# Chapter V:

## The Karmic Flow

Before there were names, before there were bodies, before there was even a memory of self, there was a dance of time and energy, a cosmic breath exhaled into the void. In that breath, karma was sown. Not as a force of judgment, not as a burden, but as a rhythm—an eternal flow guiding existence itself.

Karma does not begin with birth, nor does it end with death. It stretches back to a time before time, when we were not yet human, not yet flesh, not even life as we know it. We were stardust drifting through the infinite, carrying within us the impressions of a past we cannot recall. From the swirling nebulae to the cooling planets, from the first trembling cells in a primordial ocean to the sentient beings that now gaze at the sky in wonder—karma has been flowing, accumulating, evolving.

### **The Infinite Treasury: Sanchita Karma**

Sanchita karma is the vast storehouse of all actions performed across countless lifetimes, across countless forms of existence. It is not limited to this life or even to human lives—it is the sum total of experiences carried through the very fabric of being.

Once, we were fire, consuming and transforming. Once, we were water, flowing and adapting. Once, we were the first flicker of life in the ocean, an organism without eyes, without

thought, yet bound by the same law of action and reaction. Every survival instinct, every struggle, every adaptation was an imprint on the great karmic treasury.

Even now, in this human form, we carry the echoes of those early lives—the fears, the desires, the lessons. The instincts that stir within us, the unexplainable attractions and repulsions, the patterns we repeat—they are not mere accidents. They are fragments of an ancient story, written in the ink of karma.

Sanchita karma is vast, but not all of it plays out at once. It is like a great ocean, yet from it, only a few waves reach the shore of the present moment. What determines which waves will rise? That is the work of Kriyaman karma.

### **The Activation: Kriyaman Karma and Prarabdha Karma**

At every moment, we stand at the confluence of infinite possibilities. Out of the vast ocean of Sanchita karma, our present actions—**Kriyaman karma**—activate only a small fraction. That activated portion is what we call **Prarabdha karma**, the karma that must be lived out in this lifetime.

It is not predetermined in the sense that we are bound helplessly to a fate we cannot change. Rather, it is like a river—its course has been shaped by the land, yet the water still moves freely. A small wave swimming in the river is not bound to a single path; it may go with the current or against it, but it cannot escape the river entirely. It meets the ocean to be one with it.

We are that wave. The river is our Prarabdha karma, shaping the circumstances we are born into—our body, family, environment, capabilities, and struggles. But within this river,

Kriyaman karma gives us the ability to act, to choose, to influence how much rise the wave will have, how it will dance, how it will respond to the rocks coming in the way and how beautifully it will reach its ultimate destination.

However, if we do not act consciously, if we unconsciously flow wherever the current takes us, then our Prarabdha karma dictates our actions. We will anyway reach the ocean but through a pure river flowing with joy or through a river where the journey gets postponed to next lives because of muds and stones in the way. We repeat cycles unknowingly—reacting the way we always have, making the same choices, falling into the same patterns. This, in turn, generates new Agami karma, which is added back to the treasury of Sanchita karma. And so, the cycle continues.

### **The Future Woven: Agami Karma**

Agami karma is the seed of tomorrow. It is the karma we are creating in this very moment, through every thought, every word, every action. If we act unconsciously, we reinforce old patterns, and the cycle of karma continues unchanged. But if we act with awareness, if we break free from conditioned responses, we can alter the course of our karmic journey.

The way to transcend karma is not to reject it, but to flow with it in full awareness. Like a skilled sailor who understands the currents and the winds, we must navigate with wisdom. Astrology, as the map of our karmic imprints, offers insight into the tides, but it is our consciousness that determines whether we are merely drifting or truly sailing.



## **The Eternal Flow**

Karma is not a chain, nor is it a prison. It is a multi-dimensional flow—an ever-moving river carrying the essence of all that has been, all that is, and all that will be.

From the dust of stars to the depths of the ocean, from the first breath of life to the complexity of human thought, karma has been shaping our journey. Yet, the great paradox remains—though we are shaped by the past, we are also the creators of the future.

Sanchita influenced by Kriyaman influences the Prarabdha,  
Kriyaman influenced by Prarabdha influences the Agami.  
Agami influenced by Kriyaman influences the Sanchita.

To understand karma is to understand this flow, to move with it, and ultimately, to transcend it.

For in the stillness of the deepest waters, beyond the waves of cause and effect, there lies a truth untouched by karma—a truth that is neither bound nor free, neither past nor future.

A truth that simply is.  
Beyond Duality.

# Chapter VI:

## Transcending the Karmic cycle

To transcend the karmic cycle is to rise above the limitations of time and space, to break free from the endless chain of birth and rebirth. It is the ultimate goal of the soul—to liberate itself from the cycle of samsara, the wheel of karma, and merge with the divine consciousness. But how can one transcend the karmic cycle? How does the soul move beyond the entanglement of actions and their consequences, beyond the very fabric of existence itself?

In the realm of astrology, the karmic cycle is reflected in the positions of the planets and the ongoing interplay of forces that influence our lives. The planets, in their infinite orbits, represent the flow of karma—both the karmas we are born with (Prarabdha), the actions we take in this life (Kriyaman), and the karma that we are creating for the future (Agami). Every planetary influence, every transit, every aspect, is a moment of karmic potential, either creating further entanglement or offering a chance for liberation.

To transcend the karmic cycle, one must rise above the dictates of fate, above the influence of the planets, and come to a place of pure awareness. It is in this state of awareness that we realize that we are not bound by karma; rather, we are the conscious creators of our reality. Our true nature is not defined by the karmic residue we carry; it is the divine, eternal essence that is beyond all duality and limitation.

*Beyond the cycles, beyond the spheres,  
In the silence, the truth appears.  
The soul is free, untouched, untied,  
In the consciousness where it resides.*

In Kashmir Shaivism, the concept of transcending karma is deeply intertwined with the idea of Shiva consciousness—the state of ultimate realization where the soul recognizes its oneness with the divine. According to this philosophy, the essence of all beings is none other than Shiva, the supreme consciousness that transcends time, space, and duality. The soul, in its purest form, is an extension of this divine consciousness, and it is through the realization of this oneness that one transcends the karmic cycle.

The first step in transcending the karmic cycle is to recognize that we are not our karma. We are not the sum total of our past actions, nor are we the victim of our fate. We are divine consciousness, capable of realizing our true nature and transcending all limitations. The mind, with its illusions and attachments, binds us to the karmic wheel. It is the ego, the sense of individual identity, that creates the illusion of separation and keeps us trapped in the cycle of birth and death. To transcend karma, one must transcend the limited identity and realize the unity of all existence.

Shaivism teaches that Spanda, the subtle vibration of the universe, is the key to liberation. Spanda represents the dynamic pulsation of consciousness that flows through all of existence, the subtle vibration that connects everything and everyone to the divine. When we attune ourselves to this vibration, we align with the divine rhythm of the universe, and in doing so, we free ourselves from the limitations of the karmic cycle.

Recognising the self(atman) as none other than Shiva himself, and everything that were, that is and that would be, nothing but the forms and manifestations of the same ultimate consciousness that is shiva.

Through meditation and deep self-awareness, we can experience Spanda within ourselves. As we quiet the mind and go deeper into consciousness, we begin to perceive the subtle energy that flows through us. It is through this direct experience of Spanda that we can dissolve the illusions of the mind and break free from the karmic entanglements that keep us bound to the cycle of samsara.

*In the stillness of the soul, a vibration hums,  
The rhythm of the universe, where the self becomes.  
No longer bound by past or future,  
The soul is free, in divine rapture.*

Another key aspect of transcending karma is the practice of surrender. In the Bhagavad Gita, Lord Krishna advises Arjuna to surrender all actions to the divine and act without attachment to the results. It is not the action itself that binds us to the karmic cycle, but our attachment to the outcome. When we act with an attachment to success, failure, reward, or punishment, we create more karma, further entangling ourselves in the cycle. But when we act without attachment, performing every action as an offering to the divine, we transcend the karmic cycle.

The practice of non-attachment, or vairagya, is a central theme in both Vedic philosophy. It is through vairagya that we release our attachment to the fruits of our actions and align ourselves with the divine will. In this state of surrender, we cease to be governed by karma, and instead, we become instruments of divine will. The ego dissolves, and we begin to live in harmony with the flow of the universe.

*Surrender the self, and you will find,  
A truth beyond the ego, one of divine kind.  
In the surrender, the soul is freed,  
From the karmic cycle, and all need.*

Through the combination of Shiva consciousness, Spanda, and vairagya, the soul gradually transcends the karmic cycle.

These practices dissolve the binding forces of karma and open the soul to the realization of its true nature. The karmic wheel no longer has a hold on the soul; it is free, at one with the divine, and beyond the cycle of birth and rebirth.

Astrology plays a significant role in guiding us on this path of transcendence. The birth chart can reveal the areas where we are most likely to be entangled in karma and the opportunities for spiritual growth. By understanding the karmic patterns in our chart, we can become aware of the forces that are influencing us and take conscious steps to align with the divine will. The transits and aspects of the planets provide the energetic opportunities for liberation, and it is through conscious action, awareness, and meditation that we can transcend the karmic cycle.

Ultimately, transcending the karmic cycle is about realizing that we are not bound by fate or the past. We are the divine in expression, and it is through the awareness of this divine truth that we are liberated from all limitations. The journey to transcendence is a process of awakening, of realizing that we are already free, that the soul is already one with the divine. In this realization, the karmic cycle dissolves, and we merge with the infinite consciousness of the universe.

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# Chapter VII:

## Misconceptions about Karma

Karma, a concept deeply rooted in the spiritual and philosophical traditions of the East, is often misunderstood and misinterpreted in the modern world. People tend to see karma as something akin to fate, punishment, or an all-knowing, cosmic force that punishes wrongdoing and rewards good deeds. In reality, karma is a far more intricate and nuanced concept—one that transcends simplistic notions of reward and punishment.

To fully understand karma from an astrological perspective, it is important to dispel these misconceptions. In this chapter, we will examine the common misunderstandings surrounding karma and explore the true nature of this profound universal law.

### **Karma is Not Fate**

One of the most widespread misconceptions about karma is that it is synonymous with fate. Many people believe that karma dictates our life path, making it impossible for us to change our future. In this view, karma is seen as a preordained script—our actions in previous lives have set a course for us, and there is nothing we can do to alter that destiny.

However, this is far from the truth. Karma is not fixed; it is dynamic and constantly evolving. While our past actions influence our present experiences, we are not doomed to

follow a set path. Karma is about the choices we make in the present, and it is through these choices that we shape our future. Astrology shows us the influences and energies at play in our lives, but it also reveals that we have the free will to choose how to respond to those energies. Karma is not fate; it is the sum of our past actions and the creative potential of our present actions.

### **Karma is Not Punishment**

Another common misconception is that karma is a system of cosmic punishment. This idea arises from the belief that if we do something bad, we will inevitably suffer, and if we do something good, we will be rewarded. People often think that if they experience hardship, it is a punishment for something they did in a past life, while blessings are seen as rewards for their good deeds.

In reality, karma is not a punitive system; it is a system of cause and effect. Every action we take creates a ripple that affects the world around us. These ripples may not always be immediately obvious, but they accumulate over time and influence the course of our lives. The idea that karma is a form of punishment stems from a misunderstanding of its true nature. Suffering is not a punishment for wrongdoings, but rather an opportunity for growth and transformation. It is through our struggles that we learn lessons and evolve spiritually.

### **Karma is Not a Linear Process**

Another misconception is that karma operates in a linear fashion—past actions lead to present consequences, and

present actions lead to future outcomes. While there is a certain logic to this idea, it oversimplifies the complexity of karmic law. Karma is not a simple one-to-one equation, and it does not unfold in a straightforward manner. Instead, karma is a multifaceted, multi-dimensional cycle influencing our lives in a variety of ways.

Astrology helps us understand the complexity of karma by revealing the interactions between various planetary energies. The positions of the planets in our birth chart show us the karmic patterns that we have inherited, but these patterns are not fixed or linear. The planets themselves are constantly moving, creating new opportunities and challenges. The influence of one planet may fade, only to be replaced by the influence of another. In this way, karma is cyclical and multi-dimensional, rather than linear or straight forward.

*In the dance of the stars, cycles repeat,  
Karma is woven, not in lines, but in beats.  
The past, the present, and future entwined,  
In the cosmic rhythm, all is aligned.*

### **Karma is Not Always Visible**

Many people mistakenly believe that karma is immediately visible. They expect to see instant results for their actions—if they do something good, they expect a reward right away, and if they do something wrong, they expect punishment. This expectation leads to frustration when the results of their actions are not immediately apparent.

In truth, karma operates on a much longer time scale. The effects of our actions may not be visible for years or even lifetimes. This is where the concept of Sanchita karma comes



into play. The accumulated karma from our past lives may not be immediately manifest, but it is always present, shaping the circumstances of our current existence. Similarly, the karma we create in this life may not manifest immediately, but will unfold in time. Astrology can provide insights into when certain karmic patterns are likely to surface, but it is important to remember that karma is not always instantaneous.

*The seeds we plant may take time to grow,  
The harvest of karma is not always in the fast flow.  
Patience is key in the cosmic dance,  
The universe unfolds in its own trance.*

### **Karma is Not Separate from the Divine Will**

Finally, there is the misconception that karma operates independently of divine will, as if it is a separate force that rules our lives. Some believe that karma is a blind law of nature that has no connection to the divine, and that we are solely responsible for our actions and their consequences.

It is of the whole. The Karma is of the whole universe, no thing, no living being is separate from the Universe itself. Karma and consequences are the collective vibrations of the whole existence to balance its rhythm.

In truth, karma is deeply intertwined with the divine. The law of karma is a reflection of the divine will, and it operates in harmony with the greater cosmic order. Just as the planets and stars move in accordance with universal laws, so too does karma unfold according to divine wisdom. When we act with alignment to the divine will, we transcend the limitations of karma and begin to experience the flow of grace in our lives. In this sense, karma and divine will are not separate; they are two sides of the same coin.

*The divine is present in every action we take,  
In the choices we make, the paths we forsake.  
Karma and grace, together they bind,  
In the dance of life, one soul, one mind.*

# Conclusion :

## Beyond the Cycle

Karma is not a law of punishment, nor is it a rigid destiny written in stone. It is a multi-dimensional cyclical flow—an eternal movement of cause and effect, action and consequence, creation and dissolution. Like the pulse of the universe, karma beats through every moment, weaving past, present, and future into a single, unbroken stream of existence.

Yet, within this vast movement, there is a stillness—a space where the cycle can be observed, understood, and ultimately transcended.

We have traveled through the four types of karma, tracing their roots from the single string's spanda, from a single atom, from the cosmic dust of ancient stars to the human lives we now inhabit. We have seen how Sanchita karma holds the weight of all that has been, how Prarabdha karma sets the stage for our present, how Kriyaman karma carves new paths, and how Agami karma shapes the future. We have learned that karma is not a force of imprisonment, but a force of continuity—one that can be consciously directed by those who seek to awaken.

But the question remains: Can one truly be free of karma?

The answer is not found in escaping karma, for even the act of escaping is an action that generates further karma. The key is in understanding, in recognising our true self—in realizing that the cycle only exists so long as we remain entangled in limited identification. When we see ourselves as merely the doer, bound to every action, we remain within the

loop. But when we recognise our true essence when we witness the play of karma with awareness, something shifts. The current still flows, but we are no longer tossed by its waves.

This is where the wisdom of the ancients guides us. The sages of Trika Shaivism, the seers of Vedanta, and the enlightened beings of all traditions have spoken of a state beyond karma—a state where one moves through life without attachment, acting without expectation, offering every deed into the vast, boundless consciousness that pervades all things.

This is not passivity. It is not inaction. It is the highest form of action—action without bondage.

To transcend karma is to move with full awareness, to dissolve the ego that clings to results, to recognize that the self that acts and the self that witnesses are one and the same. It is to live as the river does—flowing effortlessly toward the ocean, knowing that it was never separate from it to begin with. How the wave is not separate from the ocean itself. In fact it is the ocean that expresses itself as waves. It has always been shoonya and an infinite number of waves play on it as manifestations of the ocean itself.

Thus, the journey of karma is not about escape, but about return. A return to the original state of being—a state where action arises not from compulsion or conditioning, but from pure, spontaneous consciousness.

And when that moment comes—when the waves settle, and we gaze upon the infinite depth of our true nature—we realize that karma was never a prison.

It was always a path.

A path that led us home.

*Shoonyam*